## Self-Referral for Walking Aid Assessment at Physiotherapy Edinburgh



(Instructions and information are overleaf)

Waiting lists vary. You may wait several weeks. If your problem requires urgent attention – please seek medical advice e.g. your GP or NHS 24 (111).

This form is for walking aids only.

If you wish physiotherapy assessment a) If you are house bound, please contact your GP b) Otherwise please see <a href="http://www.nhslothian.scot.nhs.uk/Services/A-Z/ECPS/Pages/SelfReferral.aspx">http://www.nhslothian.scot.nhs.uk/Services/A-Z/ECPS/Pages/SelfReferral.aspx</a>

Surname	Today's Date	
First Name	Date of Birth	
Title: Mr Mrs Miss Ms Other:	CHI (if known):	
Address	GP's Name	
	GP address	
Postcode	GP Tel No	
Tel: Home	Name of next of kin / carer:	
Mob	Tel	
Do you have an existing walking aid? (please specify)		
Reason for referral (please tick the type of walking aid required):		
Walking stick		
Indoor walking aid		
Outdoor walking aid		
Other (please specify)		
If you have a walking aid which is broken / faulty; which was provided by The Edinburgh Community Equipment Stores, within the past 3 years, please contact them directly on 0131 529 6300 to arrange a replacement. If you require a wheelchair assessment, please speak with your GP.		
List any medical conditions:	List of medications:	
Are you currently being seen by your GP or another health professional? If yes, whom?		
Please let us know if you have any difficulty speaking English or other needs.		

### Information and instructions

- This form is for all patients who require assessment for the provision of a walking aid
- You will be contacted by our service to arrange an appointment.
- Our trained staff will assess your clinical need and any walking aid issued, will be in line with the eligibility criteria outlined in our guidelines for issuing walking aids.
- We will inform your GP you have been assessed by our service.

#### Option 1 -

#### If you are able to get to an outpatient clinic

*Either* send your completed form to:

Physiotherapy Dept, Leith Community Treatment Centre, 12 Junction Place, Edinburgh EH6 5JA

or

Physiotherapy Dept, 2<sup>nd</sup> floor, Slateford Medical Centre, 27 Gorgie Park Close, Edinburgh EH14 1NQ

# Option 2 If you are house bound

Send your completed form to

Physio @ Home Team, St Roque, Astley Ainslie Hospital, Edinburgh EH9 2HL